

Problem Gambling Severity Index (PGSI)

Instructions:

Please answer the questions below, rating yourself on each of the criteria shown. As you answer each question, select the box that best describes how you have felt and conducted yourself over the past 6 months.

		Never	Sometimes	Most of the Time	Always
1	Have you bet more than you could really afford to lose?	0	1	2	3
2	Have you needed to gamble with larger amounts of money to get the same feeling of excitement?	0	1	2	3
3	Have you gone back on another day to try to win back the money you lost?	0	1	2	3
4	Have you borrowed money or sold anything to gamble?	0	1	2	3
5	Have you felt that you might have a problem with gambling?	0	1	2	3
6	Have people criticised your betting or told you that you had a gambling problem, whether or not you thought it was true?	0	1	2	3
7	Have you felt guilty about the way you gamble or what happens when you gamble?	0	1	2	3
8	Has gambling caused you any health problems, including stress or anxiety?	0	1	2	3
9	Has your gambling caused any financial problems for you or your household?	0	1	2	3

Developer Reference:

Ferris, J., & Wynne, H. (2001). The Canadian Problem Gambling Index (Final report). Ottawa, Ontario, Canada: Canadian Centre on Substance Abuse

Scoring and interpretation

A total score is presented (0 – 27) where a higher score is indicative of more severe problematic gambling behaviours.

Severity levels are presented based upon the following total scores:

- 0: **None**
- 1-4: **Low severity**
- 5-7: **Moderate severity**
- 8+: **“Problematic” severity** (Currie et al., 2010; Currie et al., 2013)

A plot is displayed if the PGSI is administered more than once. The plot shows the total score over time with dotted lines indicating the cutoff points for the severity indexes. Although the total score is out of 27, scores greater than 10 are very infrequent (Currie et al., 2013) and so the y-axis may be truncated if scores are greater than or equal to 10 for ease of reading the plot.

	Total Score (0-27)	Severity Index
Total	18	Problematic

